



The Pretty Happy Dogs Observation Walk

A different kind of dog walk

Today's goal isn't to train your dog. Today, just understand them. So there is no expectation except to be present with your canine companion.

For the next 20 minutes, leave the training plan, treat pouch and tennis ball at home. There are no commands to practise, no behaviours to correct, and no score to achieve.

Instead, become a **student** of your dog

In your mind, simply ask:

"I wonder what 'Fido' is feeling or thinking right now?"

Today's Five Observations

1. What made my dog stop today?
What did your dog choose to investigate?
2. When did my dog choose to connect?
Did they glance back? Check in? Walk beside you for a moment?
3. When did my dog seem most relaxed?
What did you notice about their breathing, posture or movement?
4. What changed my dog's behaviour?
Was it another dog? A loud noise? A smell? A person? The environment?
5. What surprised me today?
Every walk teaches us something. Sometimes it's about our dog. Sometimes it's about ourselves or our surroundings.

Sit down for a cuppa after

Your dog probably noticed hundreds of things on today's walk. How many did you notice? What's one thing your dog taught you today?

What's one thing you'll try next time?

"The focus isn't a perfect dog. It's a relationship built on understanding."

Pretty Happy Dogs

Helping people see dogs differently